

Dr. David Nelson is the Clinical Director of
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STUCK ON YOU

This month Cranmore considers some of the common problems experienced with wearing dentures.

Dentures stabilisation is a process that is required if someone cannot adapt to wearing dentures or when wearing dentures has caused your gum and bone tissue to shrink in size.

Over time, as the bone and gum tissue shrink, the dentures can become loose and you may experience problems with speaking and eating, as well as a degree of pain and discomfort caused by wearing poorly fitting dentures.

Denture Stabilisation Methods Adjustment

Many people wear dentures that require frequent adjustment. Patients with dentures are encouraged to visit their dentist on a regular basis to check the fit of the dentures. If the dentures have become loose, the dentist can modify the dentures or they recommend you get a new set of dentures.

Dentures Supported by Dental Implants

By far the most effective method of

denture stabilisation is to have dentures that are supported by dental implants. Dental implants are titanium rods that hold new dental bridges, dentures and crowns in place. Denture implants provide much greater retention and security than other types of denture and will improve your ability to eat and speak, as well as ensuring you have a great looking, healthy smile.

The Procedure

The dental implants are placed into the jaw bone and once the area has healed, the dentist will fit your new set of dentures. Both removable and fixed dentures can be supported by dental implants. A whole set of dentures can be anchored by just a few dental implants, making it less expensive than having a complete set of dental implants and new crowns.

Dental implants are commonly used to secure dentures on the lower jaw; the implants can be much smaller and finer than normal dental implants and may be suitable for those that don't have sufficient bone mass to support larger implants. Dental implants can improve the function and aesthetic appeal of the smile and will also prevent bone loss.

The Benefits

Denture stabilisation has a range of benefits including:

- Eradicates looseness and wobbling;
- Improves speech;
- Improves the ability to chew and eat; and
- Creates a more attractive, natural looking smile.

Patients that undergo denture stabilisation don't have to worry about the appearance of their dentures and they need not worry about their dentures coming loose or wobbling. Instead, they can forget about their teeth and enjoy the smile they've always wanted.

At Cranmore our highly skilled and experienced dental implant team treat such cases on a daily basis.

To find out more, please visit our website www.cranmoredental.com or contact the practice.

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